

# 2023 SUMMER CAMP DETAILS

Run By The University of Denver WLAX Coaching Staff



## Medical Consent Form

Must be filled out prior to camp by logging into your camp account.

<https://campsself.active.com/elite12lacrosse>

## Check-In (All Campers)

Dimond Family Residential Village (DFRV)

2020 S High St, Denver, CO 80210

Google Maps: <https://goo.gl/maps/pqq4uxqyiVQFzRHfA>

Parking will be free at check-in, as posted. *(Use this location for shuttle pick-up and drop-off)*

### Check-In from 12 pm to 2 pm

12:00 pm to 1:15 pm – Overnight Campers

1:00 pm to 2:00 pm – Commuter Campers

**Early Arrival Campers** (Sunday): Staff will meet you on Sunday at the dorms.

(Additional details will be provided).

Formal Camp Check-In: Monday 12:00 pm

**The first camp meal will be served at camp check-in, in front of the dorms (boxed Lunch).**

## Check-Out

Camp ends Wednesday at 12:00 pm. Campers are released from camp at the fields at the conclusion of their last team game. Overnight campers will walk back to the dorms to retrieve their luggage.

**\*\*Parents can watch games from the stands; at no time are they allowed on the fields\*\***

## Overnight Guests

**Overnight Campers need to bring a check for \$250 for a key deposit.**

**Made out to: Elite 12 Lacrosse**

Checks will be shredded at the end of camp, upon receiving dorm key.

All rooms have two beds and host two girls per room.

We do our best to match roommate requests and place friends in nearby rooms.

## Airport Transportation

We do not provide transportation to ANY campers to or from the airport. For rides to and from the airport (DIA), we recommend contacting [www.supershuttle.com](http://www.supershuttle.com)

Super Shuttle is not affiliated with the University of Denver or Elite 12 Lacrosse.

Campers have used their services with success in the past.

## Commuters / Day Guests

Please note, the drop off and pick up schedule/ locations below.

\*Parking is free for 1 hour on High Street, next to the fields.

\*\*A parking pass can be purchased for campers planning on driving to camp each day.

\*\*\*Campers are not allowed to leave campus until the end of camp each day.

Monday: Camp Check-In: 1-2 pm @ Dorms / Pick-Up: 8:30pm @ Fields

Tuesday: Drop-Off: 8:45 am @ Fields / Pick-Up: 8:30pm @ Fields

Wednesday: Drop-Off: 8:45 am @ Fields / Pick-Up: 12:00pm @ Fields

## Field Location

Peter Barton Stadium and Diane Wendt Fields

Nearest hard address: 1870 S High St, Denver, CO 80210 <https://goo.gl/maps/rV7AELY1LzVVCuDu7>

Free 1 hour parking on the street, on campus as posted.

**\*\*Parents can watch lacrosse session from the stands; at no time are they allowed on the fields\*\***

## Map



## Meals at Community Commons Dining Hall

**Overnight Campers** will receive breakfast, lunch, and dinner.

**Commuter Campers** will receive lunch and dinner.

Breakfast will be the only meal served on the last day of camp.

**Food Allergies:** The DU Dining staff does an amazing job of working with food allergies, each dining station is labeled with ingredients.

**\*\*Meals can be made special for individuals with special dietary needs. Upon arrival to the dining hall, campers can notify the dining staff of special or specific meal requirements. \*\***

## Health and Safety Plan

We will implement our health and safety plan based on the University's guidelines.

## Medical Attention

Full-time athletic trainers will be on duty to oversee minor injuries and sickness. For more serious issues we will contact the athlete's emergency contact and 911 if needed.

## Safety and Chaperones

Each floor of the dorm is staffed with female camp counselors and their room numbers are noted for all campers to see. For the safety of our campers, no one is permitted to have overnight guests. In the case of an emergency, campers and parents must contact our staff. Please leave all valuables at home.

***Campers are NOT allowed to leave the dorms or campus during camp.***

## What to Bring:

### Lacrosse Equipment:

Water Bottle

Stick

Mouth Guard

Gloves

Goggles

Goalie Gear

Running Shoes / Cleats (we will be on field turf)

**University Housing will provide: Pillow, blanket, sheets, and 1 set of towels**

### Please Bring:

Toiletries

Alarm Clock/Device

Extra socks

Flip flops

Shorts, t-shirts etc.

**\*Please note we are in AC dorms\***

## **Camper Schedule - *Subject to Change***

**\*\*Parents can watch games from the stands; at no time are they allowed on the fields\*\***

### **Monday**

12:00 PM – 2:00 PM - Check in at Dorms (DFRV)  
BOX Lunch at DRRV  
2:00 PM All Campers Meet in front of Dorm, Walk from Dorms to Fields together.  
2:15 PM LAX Session 1  
4:30 PM Dinner at Community Commons  
6:00 PM All Campers Meet at Dorms to Walk to Fields  
6:30 PM Tourney Games 1  
8:30 PM Commuter Camper Pick Up at Fields  
8:30 PM Overnight Camper Walk to Dorm (no one is permitted to leave the dorms)  
10:00 PM Room Check / Lights Out

### **Tuesday**

7:15 – 8:15 AM Breakfast at Community Commons (Overnight Campers)  
8:30 AM Overnight Campers Meet at Dorms, Walk to Fields  
8:45 AM Commuter Campers Drop off at Fields  
9:00 AM LAX Session 2  
11:00 AM All Campers Walk to Community Commons  
11:00 AM Lunch at Community Commons  
1:00 PM All Campers Meet at Dorms to Walk to Fields  
1:00 PM LAX Session 3  
4:15 PM All Campers Walk to Community Commons  
4:30 PM Dinner at Community Commons  
6:00 PM All Campers Meet at Dorms to Walk to Fields  
6:30 PM Tourney Games 2  
8:30 PM Commuter Camper Pick Up at Fields  
8:30 PM Overnight Camper Walk to Dorm (no one is permitted to leave the dorms)  
10:00 PM Room Check / Lights Out

### **Wednesday**

7:30 – 8:30 AM Check Out of Dorm Room  
(Give your key back to dorm front desk, take bags to multipurpose room of dorm)  
7:15 – 8:15 AM Breakfast at Community Commons (Overnight Campers)  
8:30 AM Overnight Campers Meet at Dorms, Walk to Fields  
8:45 AM Commuter Campers Drop off at Fields  
9:00 AM Tourney Games 3  
12:00 PM Camp Ends

Leaving Camp: Campers are dismissed once their last tournament game is completed.

Overnight Campers will have already check out of their room and handed in their key.

Bags can be picked up in the rec room at the dorm.

- Room Key MUST be returned by 8:30 am, or a \$250 fee is assessed by the University.
- Swipe Card and Lanyard: Campers Keep.
- Reversible; Campers Keep